

WINTER SURVIVAL GUIDE

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NET TEX



COMPLETE EQUINE CARE

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Now that winter is well upon us with short days and cold wet weather many horse owners and horses are feeling the winter blues. Our expert team at Nettex which include experienced equine vet Dr Becky Lees have put together a survival guide to help you and your horse survive these challenging winter months.

Clip Smart!

With many horses now being clipped for the second time this winter; follow Nettex Brand Ambassador and Top Showing Producer Lynn Russell's top tips for a perfect clip:

- If it is too cold to bath before clipping, Nettex Lavender No Rinse wash is ideal to use. Simply dilute in warm water and sponge over the horse to remove sweat, dirt, grease and scurf from the coat. Once the coat is nearly dry spray all over with Nettex Coat Shine. The Nettex Coat Shine allows the clipper blades to glide through the coat easily so they don't get clogged up. It also makes clipping much quicker and minimises clipping lines, and the blades don't blunt as quickly.
- Whilst clipping, if you come across a dense area of hair growth, spray over with Nettex Hi-Shimmer Coat Spray to enable the blades to pass through more easily.
- Once completed, a Nettex Lavender No-Rinse Wash is a must! Add the Nettex Lavender No Rinse Wash to hot water and dip a cloth in the water. Wring out and rub in circular movements all over the clipped area.



Keep dipping the cloth in the solution and repeat. This will help remove any tiny hairs and prevent itching. It will also remove oil residue that can sometimes cause sensitivity.

- Once clipped, rug your shiny clipped out ned with a fleece or cooler until dry.

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Say No to Mud!

Following the recent storms and wet weather most fields are now deep with mud. Nettex present the muddy marvellous solution to mud control for your horse's legs:



STEP 1 DE-SCAB



STEP 2 DISINFECT



STEP 3 PROTECT



Step 1: DE-SCAB

Nettex Muddy Marvel De-Scab

- Unique formula to soften scabs for easy removal
- Cleanses the skin and does not harm healthy tissue

Step 2: DISINFECT

Nettex Muddy Marvel Disinfect

- Powerful antibacterial formula
- Instantly sanitises the skin and dries rapidly

Step 3: PROTECT

Nettex Muddy Marvel Barrier Cream

- Breathable waterproof barrier cream to protect the legs from mud
- Antibacterial agents to help against wet and muddy conditions
- One application lasts 7 days

NETTEX

Relieve Winter Stiffness

The cold winter weather makes life challenging for stiff and arthritic horses. Standing in for longer periods combined with sub-zero temperatures can see them start to struggle. Follow these top tips to help ease winter aches and stiffness:

- Try to maintain your regular exercise schedule. If turnout or ridden exercise isn't possible try to at least hand walk your horse for 10-15 minutes twice a day.
- Groom your horse regularly. This will help increase circulation to large muscle groups.
- Maintain flexibility. Do stretching exercises on a regular basis. Use your horse's favourite flavour of Nettex Tasty Treats to make these fun for your horse.
- Encourage natural movement in the stable by putting hay in several nets so your horse has to move from one spot to another and isn't constantly standing still.



- Give your horse a nice deep bed. Deep bedding encourages stiff and older horses to lie down and also makes it easier for them to get up.



- Feed a joint supplement. Nettex Arthri-Flex contains high levels of glucosamine, chondroitin, MSM and hyaluronic acid to help horses maintain their joints. What sets it apart from other supplements is its unique blend of herbal extracts to ease joints, helping maintain comfort, performance and quality of life.
- Nettex Substi-Bute Impact Syringe contains the herbal extracts Scutellaria baicalensis, Acacia catechu, Meadow Sweet and Curcumin to help maximise mobility and flexibility, helping to keep older horses comfortable and mobile.



NETTEX

Avoiding Colic

The word 'colic' strikes fear into the hearts and minds of all horse owners. Avoiding sudden changes in diet and management is the best way to help prevent colic striking, however avoiding change can be impossible.



Why avoid sudden changes?

A huge population of 'friendly' bacteria live in the horse's hind gut. When a horse's diet is changed these bugs have to adapt. Sudden changes can upset the 'good' bugs and lead to an increase in the 'bad' bugs which can lead to digestive upsets and colic.

How can Probiotics and Prebiotics help?

Probiotics are live 'friendly' bacteria that are given orally in a supplement. The most common equine probiotic is *Saccharomyces Cerevisiae*. They help boost the numbers of 'friendly' bacteria and re-balance the gut. Prebiotics are substances that are an energy source for the 'friendly' bacteria to boost their numbers. Typical equine prebiotics include Diamond V, MOS, FOS, Brewer's yeast and psyllium.

Nettex Gut Balancer

Nettex Gut Balancer is an advanced probiotic and prebiotic supplement that uses the highest-grade ingredients including the probiotic *Saccharomyces Cerevisiae*, plus five different prebiotics. It is also blended with vitamins, minerals, whey protein, rice bran oil and selected micro-nutrients to support overall health and wellbeing.

Suitable for horses and ponies of any age, type or breed, Nettex Gut Balancer will help keep the gut healthy and functioning at its best all year round. Maintaining a healthy digestive system is the key to preventing digestive problems.



Beating Boredom

Muddy fields with limited grazing provide challenging conditions and mean that many horses spend much of their time in the stable. Unfortunately this isn't a natural environment for our horses and can cause stress and boredom. Try these tips to make your stabled horse's environment more pleasant, interesting, and stimulating:

1. Haynet fun - To make life more interesting and hay last longer, try double netting his hay or haylage with small-holed haynets. Hanging 2 or 3 haynets around the stable will prolong the time he spends eating and keep him moving. You could even hide tasty treats like carrots and apples in them for added interest.
2. Provide a vitamin and mineral lick - Vitamin and mineral licks, such as Nettex Supalyx provide entertainment, a source of natural 'trickle feeding' and can be used as a balancer to supply nutrients that may be lacking in your horse's diet. All Nettex Supalyx are molasses based and contain vitamins, minerals, trace elements and protein to support your horse. They also contain the unique prebiotic Diamond V which will help maintain a healthy digestive system.
3. Treat - Everyone loves to be treated and so does your horse! Nettex Tastylyx are delicious mouth-watering, natural flavoured hanging treats that can be used to alleviate boredom and help prevent the onset of stable vices. They are available in yummy apple, mint and carrot flavours and fit standard holders.
4. Adjust feeding - Overfeeding can cause excitability and stress, so make sure that what you are feeding your horse is appropriate for his current level of work. Digestive discomfort can cause behaviour changes. Nettex Gut Balancer is ideal to feed as it supports digestive health and quickly calms irritable horses often showing improvement within 3 to 5 days. If you are feeding correctly, but your horse is still highly strung consider using a calmer, such as Nettex Calmer Maintenance Powder or Liquid.
5. Turn on the radio - Some stabled horses are more relaxed if a radio is left on while you are away. Although you will have to find out whether your horse prefers Radio 1 to Classic FM!

